

Protecting Adults

Reclining a seat-back so that the shoulder part of the belt no longer rests against the occupant's chest reduces the protective capability of the belt. It also increases the chance of sliding under the belt in a crash and being seriously injured. The farther a seat-back is reclined, the greater the risk of injury.

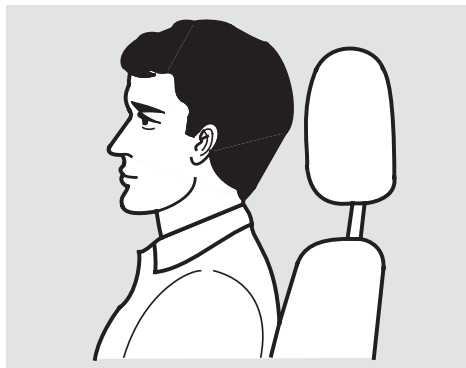
⚠ WARNING

Reclining the seat-back too far can result in serious injury or death in a crash.

Adjust the seat-back to an upright position and sit well back in the seat.

See page 78 for how to adjust seat-backs.

4. Adjust the Head Restraints



Before driving, make sure everyone with an adjustable head restraint has properly positioned the head restraint. The restraint should be positioned so the back of the occupant's head rests against the center of the restraint. A taller person should adjust the restraint as high as possible.

⚠ WARNING

Improperly positioning head restraints reduces their effectiveness and you can be seriously injured in a crash.

Make sure head restraints are in place and positioned properly before driving.

Properly adjusted head restraints will help protect occupants from whiplash and other crash injuries.

See page 79 for how to adjust the head restraints.